

JOB DESCRIPTION

JOB TITLE	Performance Nutritionist (British Athletics)
SALARY GRADE	£27,866- £29,576 p.a Level 2 (All sciences)
HOURS	30 hours per week (0.8 FTE). May include working outside normal office hours at evenings, weekends and on Public Holidays.
LOCATION	IPAC Loughborough University. This role may also be required to travel in country and abroad

ROLE SUMMARY

A key member of the Performance Support Team (PST) this role will work collaboratively alongside the Consultant Performance Nutritionist and Head of Performance Support for British Athletics, to promote the role of nutrition in optimising health, training, and world leading performance.

The Performance Nutritionist will coordinate, deliver and contribute to the ongoing development of nutrition support to British Athletics, including Paralympic athletes, coaches, parents and practitioners throughout the performance pathway and disciplines.

KEY RESPONSIBILITIES

- Co-ordinate the provision of performance nutrition services across the British Athletics programme.
 - Responsible for delivering targeted systems and projects to optimise nutrition aligned to performance goals and aspirational targets.
 - Contribute to the development and delivery of targeted performance-focused projects through effective team working and the utilisation/integration of specialist knowledge.
 - Provide support on nutritional product partnerships and provision within the sport.
 - Progress and contribute to the enhancement of catering services where appropriate
- Support the development and delivery of the nutrition education through a variety of in person practical and technology driven platforms
 - Contribute to cross-sport learning and accelerated development across the high-performance system through collaboration and the sharing of knowledge, experience, and expertise.
 - Provide a key role in assuring governance standards to safeguard athlete physical and mental health.
 - Adhere to record keeping standards in accordance with SENr and EIS policy. Records to be kept on PDMS or sport specific data base.

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ROLE DIMENSIONS

REPORTS TO	Technical Lead Performance Nutritionist/HOP's
DIRECT REPORTS	N/A
BUDGET ACCOUNTABILITY	N/A

KEY RELATIONSHIPS

- All departments within British Athletics and the EIS Performance Service Team

- Athletes, carers, primary coaches and Head of Themes

PERSON SPECIFICATION

COMPETENCY AREA	ESSENTIAL / DESIRABLE	ASSESSED BY
Qualifications		
Degree (or equivalent) in Nutrition, Sports Science, Dietetics or related subject	Essential	Sight of certificates
Higher degree (IOC diploma in sports nutrition or PG Cert/Dip/Masters in Sports Nutrition)	Essential	Sight of certificates
Registrant on Sports and Exercise Nutrition register (Graduate minimum)	Essential	Sight of certificates
ISAK Level 1 Accreditation	Desirable	Sight of certificate
Experience		
Experience as a practicing registered performance nutritionist or dietitian providing nutrition support to athletes and coaches to improve performance.	Essential	Application / Interview
Experience of working within an interdisciplinary team in the delivery of nutrition services to high performance sport	Essential	Application / Interview
Experience of analysing the demands of a sport in relation to their nutrition needs to support and contribute to the delivery of targeted nutrition strategies	Essential	Application / Interview

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COMPETENCY AREA	ESSENTIAL / DESIRABLE	ASSESSED BY
Experience of dealing with national performance programmes within National Governing Bodies of sport	Desirable	Application / Interview
Experience working with and preparing a team for a major international competition at senior or junior level (e.g., Olympic or Paralympic Games, World or European Championships or Commonwealth Games)	Desirable	Application / Interview
Knowledge and Skills		
Skilled in building and maintaining productive relationships with high performance staff within national governing bodies of sport	Essential	Interview
Knowledge of nutritional support appropriate to the needs of high-performance athletes both in training and competition. Skilled in using clinical/scientific reasoning.	Essential	Interview
Effectively translate nutrition science into practical food advice	Essential	Interview
Ability to deliver innovative ideas and influence athletes and coaches to support programmes that impact on performance	Essential	Interview
Will be required to work with athletes under 18 (DBS check required)	Yes	

